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FALL 2013



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GOURMET SNACK RECIPE**

HBCU TENNIS ANYONE?

**THE ART OF
TUPAC SHAKUR**



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**SAFE &
SOBER!**

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LETTER FROM THE PUBLISHER

Summer is over and school is back in session! I hope you all had a great summer and were able to take advantage of opportunities for personal growth as well as spending time with family and friends. I sincerely hope you enjoy this issue of HBCU CONNECT On Campus. Since 1999, we have been bringing you the best coverage both online and in print of all the positive things that are happening on HBCU campuses across the country.

We are excited to present to you some of the finest and smartest that our HBCUs have to offer in our Campus All Star student profiles. We have some “fine specimens” this issue so don’t sleep on that regular feature we bring to you every quarter. To help keep that All Star figure, we are offering a healthy snack recipe—just go lightly on the salt! Our crunchy savory treat is ideal to snack on as an alternative to popcorn or chips while studying or watching the fall football games. Try it!

We have a feature about tennis, a sport I learned as a kid, on HBCU Campuses, and some interesting news about the art and influences of Tupac Shakur. There is a new collection of his works and letters at Atlanta University Center’s Woodruff Library. Don’t miss out on our informative articles introducing several options for extracurricular activities you may not have considered, and good advice on how to stay alert and out of trouble when mixing partying and today’s social media.

As always, feel free to connect with me and share your feedback, input or ideas at will.moss@hbcuconnect.com

Will Moss

Will Moss, Publisher – will.moss@hbcuconnect.com



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THE HBCU SOCIAL EXPERIENCE

TO BE OR NOT TO BE...INVOLVED?

We all know the primary reason for going to college is the education. A very close second is for the experience that helps us to mature from a child into an adult and full participant in society. This includes socialization, or how to participate in society, but also leadership and developing the ability to take initiative and to contribute to organized efforts and working towards common goals.

This is where many of us look at joining groups such as fraternities and sororities, but there are also many other alternatives that we should consider as additional opportunities for personal growth and service to others.

STUDENT GOVERNMENT

One important group to consider is Student Government. Student Government is, in most cases, the method whereby the voice of the student body is formalized in the governance of the college or university, including a seat on the board of trustees, and a direct line of communication with academic and administrative leaders. Florida Memorial University holds the honor of being the first HBCU meeting the standards of the national student government advocacy organ, the American Student Government Association. Students that participate in Student Government gain valuable experience in organizing elections, advocacy, public speaking and writing, and also have the opportunity of establishing valuable high level community connections. Any student can benefit from the experience, but it is especially valuable for those with a desire to go into politics or public life.

"My student experience as the diversity chairman was invaluable... not only I had the opportunity to build life-long relations and friendships, but also, I had an initial taste of what politics in the real world is about: representing constituencies' interests, building coalitions and negotiating," said German Trejo who worked in student government and now works as a political consultant.

ROTC

The Reserve Officer Training Corps is a nationwide program backed by the federal government and offered at over a thousand universities and colleges. The ROTC pays for college, but also provides the student who successfully completes the program with an officer's commission. The ROTC in addition to providing support, camaraderie and additional training, prepares students for a potential career in the nation's fighting forces. Aside from the other benefits already mentioned, the ability to enter the military as an officer is invaluable. Campus ROTC programs are designed and run to coordinate carefully and complement rather than disrupt other aspects of the college experience. The Coast Guard has a separate, somewhat different program called the Coast Guard Student Reserve.

STUDENT MINISTRIES

Often students away from home for the first time miss the familiarity, fellowship and support they got growing up from their church, mosque, synagogue or temple. Participating in student religious groups can go a long way to replace that spiritual nourishment and give them a sense of belonging, especially when they are far from home. Some groups are tied to specific churches or faiths, while others are non-denominational.



USTA's Tennis On Campus:

Expanding and Growing Tennis at Historically Black Colleges and Universities

Tennis is commonly considered an individual sport.

While it is true that it takes singular commitment and dedication to create champions the caliber of Venus and Serena Williams, the United States Tennis Association (USTA) is committed to generating elements of team tennis through its various programs. To that end, the USTA has partnered with 14 Historically Black Colleges and Universities to offer USTA Tennis On Campus in the fall of 2013. The program will support each college by providing equipment and start-up grants to develop an intramural tennis club on their campus and to join the Tennis On Campus program.

The partnership is part of the USTA's Diversity and Inclusion efforts aimed at increasing participation among African-Americans in addition to its ongoing efforts to promote and support the expansion of recreational tennis on college campuses. Tennis On Campus focuses on providing co-ed interscholastic and club team play opportunities for the entire campus community. Currently, the program is offered on more than 600 college campuses with more than 35,000 student athletes participating. The program helps students maintain active and healthy lifestyles throughout their college years.

Tennis On Campus is perfect for athletes who have chosen not to make the jump from high school to a college varsity team, providing

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an opportunity to play competitively in a fun and social setting. Tennis On Campus offers match play in regional and national championship coed team competition.

There are currently intramural tennis clubs on five HBCU campuses including Howard University, Florida A&M University, Morgan State University, Norfolk State University, and Virginia State University, all of whom participate in Tennis On Campus.

This expansion will include the following HBCU's this fall:

- Albany State University
- Bethune-Cookman University
- Dillard University
- Florida Memorial University
- Jackson State University
- Morehouse College
- North Carolina A & T University
- North Carolina Central University
- Prairie View University
- Southern University and A & M College
- Spelman College
- Talladega College
- Texas Southern University
- Xavier University



All participating HBCU's will be invited to the first-ever HBCU Regional Championship, kicking off early in March 2014, hosted on the campus of Florida A&M University in Tallahassee, Fla. The winner there will earn an automatic bid to the 2014 Tennis On Campus National Championship in Surprise, Ariz.

For more information about the USTA Tennis On Campus program and how to start a program at your college or university, please visit www.tennisoncampus.com.

Ask the Mago

I want to start a business selling music on campus. What tips can you offer?

Forgetaboutit! In today's age your best bet is to get paid gigging, that is to say, performing live. If your music really has a global or at least national appeal, consider uploading it to Amazon.com or iTunes. The days of selling CD's out of your trunk are over. CD's are going the way of the 8-track and cassette. Have you noticed? The new laptops aren't even coming with CD or DVD players anyway! If you want to sell your music to the world, put it online. If you want to sell music locally, get a local bar or club owner to pay you to perform. If he (she) won't pay...what does that tell you?

What do you do when you can't understand your professor because of his accent, and he is the only one who teaches the course subject?

Wow, I had this problem in an accounting class. I know exactly what you mean. More often than not though, it is not your professor, but some hapless grad student who is just trying to make his or her own way through the same struggle you are, they are just further along in a different chapter, so to speak. Back in my day, I suffered through the class but left a message on the student feedback form at the end of the course. First, schedule a conference with the teacher to see if he or she can give you some extra guidance. Second, seek tutoring or even consider transferring to a different lecturer offering the same class, if available. Also, consider bringing your concerns to the department dean in a professional way, without making it into an ad-hominem issue.

My roommate and I do not enjoy being around each other because we are so different. I don't want to move to another room. How do I cope?

Wow bruh, I even had this same problem too. My ex roommate complained that I never slept. Well, that's what engineering classes do. Anyway the key to solving this problem is direct and civil communication. You guys (or gals) may not end up being pals or homies but you can work together to try to find common ground and establish policies and procedures between yourselves for your own room. This is one of the secret values of college – learning how to coexist in the adult world. You will have countless situations like this... Not just in the workplace, but with neighbors, everywhere you go, really. Learning how to go along and get along is a key life skill, and now is the time to learn it.

At our college there are many companies offering us credit cards. I really want one. Should I apply?

Well, that depends. Do you want to have bad credit going into your first professional job? Actually, they may not always be a bad deal, but the biggest factor in the equation is you. Remember, discipline is the gift you give yourself. What is it you will do with the card? If your desire is to buy stuff, remember, you are not making any more money, you are going into debt. In most cases, the proper way to use a credit card is to pay off the entire balance every month.

Do you have a debit card now attached to your bank account? How do you handle it? If you find yourself constantly with a zero or negative balance, or bouncing checks and charges, a credit card is probably not for you. If you have comfortable cash balance and consistently bring in more than you spend, it may not be a bad idea.

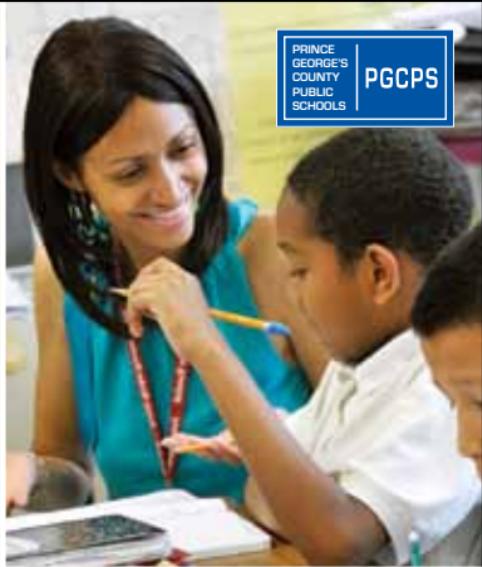
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Langston University
Criminal Justice
Class of Class of 2014



Candace Cooks
Clark Atlanta University
Fashion Merchandising
Class of 2014



Princess Flowers
Tuskegee University
Psychology
Class of 2015



Tochukwu Nwozor
Huston-Tillotson University
Business Administration
Class of 2015

* Campus All Stars *



Averri Liggins
Clark Atlanta University
Political Science
Class of 2013



T'edra Jackson
Paul Quinn College
Business Administration
Class of 2015



JaLysia Roberts
Jackson State University
Healthcare Administration
Class of 2013



Alexis Perry
Hampton University
Psychology
Class of 2017

Campus All Stars



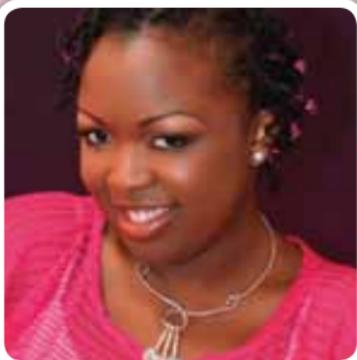
Aja West
Tuskegee University
Food Science
Class of 2015



Erica Blue
Texas Southern University
Public Relations
Class of 2014



Lamont Durr
Central State University
Business Administration
Class of 2013



Amber McGill
Bennett College
Business Administration
Class of 2016

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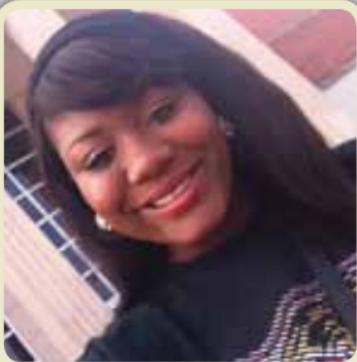
Campus All Stars



Abeni Phillips
Howard University
Public Relations
Class of 2015



Frederick Vaughn
Hampton University
Electrical Engineering
Class of 2015



Jamie Stacker
Grambling State University
Chemistry
Class of 2016



Kayla Broughton
Spelman College
Mechanical Engineering
Class of 2017

* Campus All Stars *

CAMPUS ALL STARS



Jasmine Vaughn
Central State University
Communications
Class of 2014



Alicia Elcock
Howard University
Communications
Class of 2015



Amal Yamusah
Morehouse College
Political Science
Class of 2014



Edgar Williams
Jackson State University
Music Education
Class of 2013

* Campus All Stars *



Chelsea Bacote

Kentucky State University
Biology
Class of 2015



Maxine Chapman

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Class of 2015



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Hampton University
Sports Management
Class of 2014



Kendall Barksdale

Clark Atlanta University
English
Class of 2014

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CAMPUS CONDUCT: KEEP IT SAFE & SOBER!

Our time in college is, and should be, one of the most fun experiences of our entire lives. Still, for many students, as the first time away from home for any extended period of time, and without much of the structure we grew up with, it is easy to get into trouble.

We are brought into contact with students from varied and diverse backgrounds, and exposed to new temptations that may or may not have existed in high school or back home. Unfortunately, college is where some students succumb to problems caused by alcohol and substance abuse. Unlike in the past, in today's world of social media and instant (often unwanted) YouTube fame, what happens on campus doesn't necessarily stay on campus, and a momentary lapse of judgment can haunt you for the rest of your lifetime.

THINK BEFORE YOU DRINK!

Most undergraduates are under 21 so it is already illegal for these students to consume or possess alcoholic beverages. Even though many still do, it does create a risk to the student with particularly serious academic consequences, up to and including expulsion—not to mention a possible arrest record which will haunt the student

for the rest of his or her life. Most colleges have a formal policy in place and explain it in their student manual.

"Many schools have honor code requirements. You might end up facing expulsion on top of any other legal proceedings," says Michael Adam Haber, a Miami based criminal defense attorney. *"If you wind up being caught, arrested, exposed, you face a plethora of consequences."*

"The worst part comes 20 years later when you are rejected for a job when you're a 40-something because of something you did 20 years ago," says Haber.

Our world is more connected than ever before. Though this is a good thing, it also requires us to be mindful and vigilant. Video cameras are everywhere, and while they are primarily for our protection and security, they also can bear powerful witness against us. Says Haber, *"In today's tech and social media age, anything that happens to you is there forever—When you have pitchers of beer or you're doing bong hits out of a hooka in a dormitory room, that stuff stays out there!"*

Another thing to think about is how what you do today can affect future career prospects, and even impact your future personal life. *"In today's age there is no such thing as 'sealing and expunging'"* explains Haber. Even if a college or court erases records, that does not erase them from third party information aggregators or other private records. *"The point is that there are immediate consequences, and ripple-effect consequences. Today those ripple-effect consequences last much longer."*

So please remember, college should be fun! Still, be sure to know your limits and consider everything you do potentially public. Don't jeopardize your college or future career with indiscretion or poor judgement!

HOLLER IF YA HEAR ME

Archival Collection of Hip Hop Artist Tupac Shakur at the AUC Robert W. Woodruff Library

Passionate. Controversial. Compelling. Influential. These are only a few words that describe Tupac Shakur, a multiplatinum artist who still remains a prominent figure in hip hop since his death, already 17 years ago. Today, hip hop scholars have the opportunity to take a step into Shakur's creative mind through viewing his personal materials, now available to the public for research at the Archives Research Center of the Atlanta University Center (AUC) Robert W. Woodruff Library in Georgia.

Representing a partnership between the AUC Woodruff Library, the Shakur family, Amaru Entertainment, Inc., and the Tupac Amaru Shakur Foundation, the Tupac Amaru Shakur Collection opened on September 13, 2011, marking the 15th anniversary of his death. Spanning a period from 1969 to 2008, the Shakur Collection includes song lyrics, drafts, poems, idea notes, track lists and video treatments, as well as manuscripts by Shakur family members and members of the rap groups Dramacydal and the Outlawz. Memorabilia, correspondence, fan mail, media clippings and publicity materials are also included. In the collection, hip hop scholars and enthusiasts can see his creative process, his artistic influences, and the political and social relevance of his literary and musical works.

Born in East Harlem, New York, Shakur rose to fame in the early 1990s as the fronting rapper for the hip-hop group Digital Underground and went on to become one of the most significant cultural icons of the hip hop generation. During his career, Shakur released 5 albums and appeared in 4 motion pictures. 10 albums, numerous compilations and 4 feature films have been released posthumously, including *Tupac: Resurrection*, which received an Academy Award nomination for "Best Documentary (Feature)" in 2005.

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Finger Food Done *Healthy*

Have you ever had the munchies while watching a movie on TV, a sporting event, or even while entertaining friends? DUH! Of course you have. We reach for the same things usually, chips, buttered popcorn, or some sort of pre-processed fried dough snack. We know it's not good for us, but sometimes we can't think of what else we can do to satisfy our cravings.

Here is a delicious snack from the Spanish "tapas" tradition, that serves as a great appetizer, or something to munch on while studying or relaxing. Similar to the beer nuts or the finger food served at bars, this is a dish that is hearty enough for a jock, yet healthy enough for a vegan.

Sautéed Garbanzos



- 1 can garbanzo beans / chickpeas (or ½ pound dried garbanzos soaked overnight in water)
- Olive oil
- Kosher salt
- Optional: Cubed pepperoni, basil leaves, Mexican freir (frying) cheese, capers

1. Boil the garbanzo beans for 15 minutes at a full boil.
2. Drain the beans well.
3. Sauté the beans in a saucepan with olive oil, stirring constantly for even cooking. Add any optional ingredients towards the end, when the beans begin to brown.
4. When the garbanzos are evenly browned and toasted, sprinkle sparingly with kosher salt.
5. Place in a serving bowl and enjoy! The perfect finger-food, and far healthier than the standard convenience-store alternatives.



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